


PRESTED HALL

HEALTH CLUB & SPA

Lunch Menu Tuesday 12th September 2017

Served between 12pm – 3pm



Tomato and lentil soup (v) with walnut bread	£3.95
Prawn and crayfish cocktail with wholemeal bread	£4.95
Duck liver and pork pâté with toasted focaccia and red onion confit	£4.50
Taramasalata with lemon and mixed pitta bread	£4.50
Chicken a la king with penne pasta, creamy sauce with pimento and sherry	£8.95
Chilli con carne with basmati rice	£8.95
Breaded salmon escalope's with spring onion mashed potatoes and chive sauce	£8.95
Tomato, basil and mozzarella bruschetta (v) with summer leaves and garlic dressing	£7.95

Sandwiches £4.50 **Jacket potatoes £5.25**
choice of white, wholemeal, rosemary focaccia or toasted walnut

Fillings to choose from:

Tuna mayonnaise and red onion
Smoked salmon, cucumber and cream cheese
Prawn and crayfish marie rose
Mozzarella, tomato and basil (v)
Ilchester mature cheddar and pickle (v)
Brie, bacon and cranberry
Honey glazed ham and Dijon mustard
Chicken, bacon and mayonnaise
BLT

Our selection of omelettes **£5.95**
with salad garnish, choose from any of the following fillings:
red onion, cheddar cheese, tomato, ham, smoked salmon

Desserts **£4.50**
Meringue nest with clotted cream and seasonal berries
Chocolate and coconut cheesecake with fresh mango
Warm double chocolate brownie with vanilla ice cream
Sticky toffee pudding with salted caramel ice cream

All dishes are available to take away. Please ask at the Bistro counter.
Everything on our menu is freshly prepared in our kitchen. A selection of teas, coffee and cold drinks are available at The Club Bar. We have a large organic garden and aim to use as much produce as possible from this.