

PRESTED HALL

HEALTH CLUB & SPA

Prested Hall Brunch Menu

Kedgeree	£5.95
A classic dish from the days of the Raj; smoked haddock, peas and basmati rice flavoured with saffron and mild curry topped with a poached egg	
Eggs Florentine	£5.50
Toasted muffin, wilted baby spinach, poached eggs, hollandaise sauce	
Eggs Benedict	£5.50
Toasted muffin, ham, poached eggs, hollandaise sauce	
Toasted club sandwich	£5.50
With chicken, bacon, lettuce, tomato and egg mayonnaise	
Prested grill	£5.95
Our full English breakfast with local Cumberland sausage, back bacon, mushrooms, grilled tomato, free range eggs as you like them on toasted bread	
Our selection of toasted sandwiches on white /wholemeal bread	£3.95
Prawn and crayfish Marie rose, mature cheddar cheese and pickle, egg mayonnaise, ham and mustard, ham and coleslaw, tuna mayonnaise, bacon and brie, coronation chicken	
Our selection of jackets	£4.95
Prawn and crayfish Marie rose, tuna mayo, grated cheese and baked beans, coronation chicken, coleslaw	
Our selection of omelettes	£5.00
With salad garnish, choose from any of the following fillings: red onion, cheddar cheese, tomato, ham, smoked salmon	
Salads –	£6.75
A bowl of crisp lettuce and diverse leaves with cucumber, peppers, tomato, beetroot, carrots and red onion with your choice of main ingredient, ham, smoked chicken or smoked salmon	
or try our vegetarian option of goat's cheese, feta or buffalo mozzarella	£5.25
Starters	
Roasted tomato and sweet potato soup (v) served with wholemeal bread	£3.50
Prawn and crayfish tail salad with a citrus dressing	£4.50
Parma ham with a sun blushed tomato and toasted pine nut salad	£4.50
Stilton, apple and walnut salad (v) with a pomegranate dressing	£3.95
Mains	
Minute steak with Lyonnaise potatoes, roasted plum tomatoes, mixed Prested leaves	£7.50
Salmon, crayfish tail and baby prawn fishcake with a Prested Hall salad	£7.50
Turkey, ham, leek and wholegrain mustard pie topped with mashed potato, served with fresh vegetables	£7.50
Puy lentil and aubergine moussaka with fresh garden vegetables	£7.50
Desserts	
Chocolate tiffin with clotted cream	£3.75
Pineapple salsa with vanilla ice cream and mixed berries	
Lemon tart with a lime crème chantilly	
Sticky toffee pudding with a salted caramel sauce and caramelised banana	