

Prested Hall Spa Treatment List

ELEMIS

bareMinerals®

nailtiques®

ORLY®

PhD
Safewax

Hair Removal/Waxing (with PhD)		£
Professional, hygienic, Disposable		
Lip	15 mins	7.00
Chin	15 mins	7.00
Lip & Chin	30 mins	12.00
Eyebrow	20 mins	8.00
Jaw & Neck	30 mins	10.00
1/2 Leg	30 mins	14.00
Full Leg	45 mins	21.00
Under Arm	20 mins	10.00
Bikini Line	20 mins	10.00
Back	30 mins	18.00
Eyebrow, Lip and Chin	45 mins	18.00
1/2 Leg, Bikini and U/Arm	60 mins	28.00
Full Leg, Bikini and U/Arm	70 mins	30.00

● Eyes & Tanning

Eyeshadow	15 mins	5.00
Eyebrow Tint	15 mins	8.00
Eyebrow Wax	15 mins	8.00
Eyebrow Wax & Tint	15 mins	10.00
Eyebrow Wax & Tint & Shape	15 mins	12.00
Eyebrow Wax & Tint & Shape & Lash Extensions	15 mins	15.00
Eyebrow Wax & Tint & Shape & Lash Extensions & Lash Tint	15 mins	18.00
Eyebrow Wax & Tint & Shape & Lash Extensions & Lash Tint & Lash Extensions	15 mins	20.00
Lash Extensions	30 mins	10.00
Lash Extensions & Tint	15 mins	8.00
Lash Extensions & Tint & Lash Extensions	30 mins	15.00
Lash Extensions & Tint & Lash Extensions & Lash Extensions	45 mins	20.00

(Patch test required for all tints and lash extensions
24hrs in advance)

AH Francis eye lash extensions	Semi-perm	150 mins	70.00
	Infills	60 mins	30.00
Sienna X Spray Tanning	Full body	30 mins	25.00
(suited to your skin colour)	Half body	15 mins	15.00

● Nails (with Orly & Naitiques products)

Shape & Paint	30 mins	10.00
French Shape & Paint	45 mins	15.00
Epix Shape & Paint	30 mins	15.00
Gel Shape & Paint	45 mins	19.00
Pedicure	45 mins	24.00
Epix Pedicure	45 mins	27.00
Gel Pedicure	60 mins	34.00
French Pedicure	60 mins	37.00
Manicure	30 mins	21.00
Epix Manicure	30 mins	25.00
Gel Manicure	60 mins	31.00
French Manicure	60 mins	35.00
Gel Removals (From other salons non Orly)	30 mins	5.00

● Make Up - Bare Minerals

The Make Under	45 mins	25.00
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An introduction to the only make up in the world that is 100% pure using micronized minerals.

Wedding and bridal make up available, please see separate price list.

Touch: Anti-Ageing - Facials

Elemis Pro Collagen Age Defy 1 hr 70.00

Tackles fine lines and wrinkles with the clinically proven age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished younger looking skin.

Elemis Pro Definition Lift & Contour 1 hr 75.00

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

Elemis Dynamic Resurfacing Precision Peel 1 hr 70.00

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger- looking skin.

(Patch test required 24hrs in advance)

Elemis White Brightening Pigment Perfector 1 hr 70.00

Restores uneven skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even, colour-corrected and illuminated complexion.

Touch: Skin Solutions - Facials

Elemis Superfood Pro-Radiance 1 hr 60.00

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying active. Clinically proven to leave skin plumper, radiant and lit up with good health.

Elemis Sensitive Skin Soother 1 hr 60.00

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

Elemis Anti-Blemish Mattify and Calm 1 hr 60.00

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

Men's Specific Facial

Elemis High Performance Skin Energiser 1 hr 55.00

The hard working facial for ageing, dehydrating skin and tired eyes. It maximises skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi dynamic facial massage sequences boost circulation, whilst scalp and foot massage deep.

Body : Massage		£
Elemis Freestyle deep tissue massage	30 mins / 1 hr	32.00/ 47.00
Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.		
Elemis Deeper Than Deep Hot Stone Massage	30 mins / 1 hr	35.00/ 55.00
Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.		
Body : Scrubs & Wraps		
Elemis Body Nectar Nourishing Wrap		
Sweet Orchid or Frangipani - Available from June	1 hr	55.00
The velvety texture of the Monoi oil offers super – hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.		
Elemis Cellutox or Musclease Aroma Spa Ocean Wrap	1 hr 15 mins	65.00
A deeply detoxifying blend to decongest and stimulate the system or for complete muscle relaxation.		
Elemis Intensely Cleansing Salt Scrub		
Lime and ginger or Frangipani	45 mins	32.00
Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.		
Elemis Couture Touch	2 hrs	95.00
Combine any one hour ELEMIS hands-on TOUCH facial with your personalised Freestyle Deep Tissue Massage or Deeper than Deep Hot Stone Massage.		
Body : Hands & Feet		
Elemis Best Foot Forward	30 mins	30.00
Take a load off with this foot focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished soft and smooth.		
Elemis Garden of England Rose Restore Hand Treatment	30 mins	30.00
This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness - Available from June		
Body : Pregnancy		
Elemis Peaceful Pregnancy Massage	1 hr 30 mins	70.00
Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a grow baby - Includes consultation and relaxation		
Prested In House BodyTreatments		
Swedish Back, Neck and Shoulder Massage	30 mins	30.00
Swedish Full Body Massage	1 hr	45.00
Indian Head Massage	30 mins	30.00
Reflexology (includes consultation)	1 hr	40.00
Cleansing Back treatment	30 mins	28.00

Prested Pamper Packages

Prested Signature Pamper Day 9.30am - 3.30pm

With two 30 minute treatments (either facial, massage or manicure), includes a welcome drink on arrival, use of our 20m pool, sauna and steam room, sun room and relaxation area, a robe, towel and slippers to use for the day plus a two course meal or afternoon tea in the Bistro.

Mon - Thurs £60.00pp Fri - Sun £64.00pp

Prested Hall Twilight Package 5.00pm - 9.30pm

Available Tuesday to Friday. Your evening begins with a welcome drink, then enjoy two 30 minute treatments (either facial, massage or manicure), use of our 20m pool, steam room, sunroom, sauna and relaxation area, a robe, towel and slippers for the evening plus a two course meal.

£55.00pp

Elemis Couture Pamper Day 9:30am - 3.30pm

Your day will begin with a welcome drink before you get to enjoy and condition your skin and muscles with this all-embracing experience. Combine any one hour ELEMIS hands-on touch facial with your personalised Freestyle Deep Tissue Massage or Deeper than Deep Hot Stone Massage then continue your day in our 20m pool, sauna, steam room, sun room or relaxation area.

Fluffy robes, towels and slippers are yours to use for the day plus enjoy a two course meal in the Bistro.

Mon - Thurs £110.00pp Fri - Sun £125.00pp

Treatment Upgrades

These are available, please ask when booking

Prested Health Club Members

10% discount off of treatments and products

Group Discounts

10% reduction on pamper groups of 6 or more.

Groups over 10 – one person goes free.

Only one discount applies

We have a full range of retail products on sale at The Prested Hall Spa at very competitive prices.

Gift vouchers are available for any of our treatments and pamper packages.

Only one discount is available per booking.

Opening Times

Monday 9.00am - 6.00pm

Tuesday 9.00am - 8.00pm

Wednesday 9.00am - 8.00pm

Thursday 9.00am - 8.00pm

Friday 9.00am - 8.00pm

Saturday 9.00am - 5.30pm

Sunday 9.00am - 4.30pm

Terms & Conditions

All treatment times include consultation, aftercare, changing and payments. Certain medical conditions may prohibit some treatments, please check when booking to avoid disappointment.

Cancellation fees and late arrivals:

This applies to all appointments booked. Please see our website or pamper day confirmation for further details.

Moving Fee: A £10 moving fee will apply when moving a pamper day after initial booking is taken, this includes when using a voucher.

Age restrictions: Prested Spa is unable to offer treatments to anyone 16 years old or below. Please note that for pamper days an adult must accompany a 16 or 17 year old in each treatment.

Prested Hall Spa

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 Prested Spa